

OM KAARAM

*Omkaaram Bindu Samyuktam
Nityam Dhyaayanti Yoginah
Kaamadam Mokssadam Caiva
Omkaaraaya Namoh Namah*

(Salutations to Him) Who resides in the spiritual heart center as Omkara, On whom the yogis constantly meditate, Who grants all desires and also liberation to his devotees. Salutations to that Shiva, who is represented by syllable “Om”, The first syllable of the Sadakshara mantra “Om-Na-Ma-Shi-Va-Ya.”